APRIL 2021



#### Dear Residents,

#### Warmest Greetings from The Pakubuwono House

We would like extend our highest appreciation to all Residents, who had been with us from the beginning and through this hard time together. Your continuous support and cooperation make The Pakubuwono House as the most convenient home.

In this opportunities, we would like to say "HAPPY EASTER" for all who celebrate. We wish you and your family the happiest & blessed Easter for all. And also we would like to say "HAPPY FASTING" to all who celebrate. May the spirit of Ramadan illuminate the world and show us the way to peace and harmony.

Last but not least, please feel free to contact myself or any of my colleagues if you have any requests or concerns. We will be happy to assist you with my best personal wishes.

Sincerely,

Birgitta Adisty **Resident Service Manager** 

#### REGULATION

#### 10. MAINTAINING THE UNITS

#### 10.4 Maids, Drivers & Other Domestic Helpers

10.4.1 Residents must register all domestic helpers including nannies and drivers with the Building Management. Please contact Tenant Relations. 10.4.2 All domestic helpers including nannies, drivers are not allowed to be registered as Resident. 10.4.3 Residents must ensure that all domestic helpers including nannies, drivers are not allowed to receive Visitors in any of the Common Area. 10.4.4 All domestic helpers including nannies.

drivers shall not be allowed to loiter in the Common Area, and shall confine themselves within the respective employer's Unit or the designated driver's lounges

10.4.5 All domestic helpers including nannies, drivers must always act in an orderly manner. Gambling, intoxication, drug dealing or stealing is strictly prohibited.

10.4.6 All domestic helpers including nannies, drivers are not permitted to stay overnight in the driver's lounge, praying room (musholla) or anywhere else in the Common Area.

10.4.7 Residents are responsible for the behavior and conduct if their employees. All domestic helpers including nannies, drivers must adhere to all the House Rules and Regulations.

10.4.8 All maids and nannies must wear nurse uniform for identification and security purposes while hanging around in the Common Area of Pakubuwono House Complex. For further details, please contact Tenant Relations.

10.4.9 For security reasons, all domestic helpers including nannies, drivers are not permitted to use Resident's access cards at all times. The Building Management and the security officers reserve the right to conduct inspection if considered necessary. 10.4.10 The Building Management reserves the right to blacklist any domestic helpers whom have been proven with criminal acts, or have done any violation against the House Rules and Regulations if it deems necessary.

\*Note: All cost of repair and/or replacement of the damage done by domestic helpers including nannies, drivers in the Common Area, both intentional and unintentional, will be automatically charged to Resident concerned.

#### 10.5 Visitors

10.5.1 All Visitors must register themselves at the concierge table. The Tenant Relations will then notify Resident via a videophone. 10.5.2 Residents must report any Visitor who stays more than 24 hours to the Building Management. Please contact Tenant Relations. 10.5.3 The Building Management has the right to refuse any Visitor to enter.



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#### **INFORMATION**

#### "Repainting Balcony Railing for Free"

We would like to inform to all Residents in Pakubuwono House that we would like to offer the repainting balcony railing project start for free.

This project will start on month April 2021 and the process will need approximately a whole day to complete.

Please contact Tenant Relation Officer for further information and the schedule maintenance.

Thank you for your kind attention and support.

Sincerely,

#### **Building Management**

#### "New: E-residence Application"

In order to improve the facility and service, we would like to inform you that we are now publishing the new mobile application that can be downloaded at Play Store or App Store for handling an invoice payment and also for reporting any defects inside or outside the Unit. Please follow the steps below to access the application:

- Install "Solusi Hunian Pintar" App on Play Store or App Store.
- 2. Open the app and choose "Registrasi".
- 3. Enter your Name, Phone Number, and E-mail. For ID Hunian, please enter: **SHP01000001**.
- Enter OTP Code that sent by SMS or Whatsapp. If you didn't get any code, please tap Get OTP and choose the OTP Code will be sent by Whatsapp or E-mail.
- 5. After successfully verify OTP Code, please create PIN then tap "Lanjutkan".
- 6. There will be shown your User ID and Password/PIN as confirmation your registration has done.
- 7. After you tap **OK**, you will directly go to the first page, then choose **Login**.
- 8. Enter the **Phone Number** that you've registered before, then tap "**Lanjutkan**".
- 9. Enter **Password/PIN** that you've registered before, then tap "Lanjutkan".
- 10. Enter OTP Code that sent by SMS or Whatsapp. If you didn't get any code, please tap Get OTP and choose the OTP Code will be sent by Whatsapp or E-mail.
- 11. If verify OTP code is succeeded, then you can use the app for transaction.

This application is keep updating and developing. We do apologize if you find any difficulties during the process. Please do not hesitate to contact Tenant Relation Officer for any further information and questions.

#### "New: Package Room"

In according with the package and delivery order incerement, and also to create te Tenant Relation area more tidy. We would like to inform you that currently we provide the dedicated area, name "PACKAGE ROOM" to pick up any delivery order or package (exclude food & beverage product) at Ground Floor (inside the Star Wash Laundry). The food & beverage product will remain to be collected at Tenant Relation.

Please find the detail below of the operation hour for your reference:

- Days : Monday Friday (exclude Public Holidays)
- Time : 08:00 17:00 (break time 12:00 13:00)

Any package arrives or still not collected out from the time mentioned, it would be available at Tenant Relation Officer. Thank you for your kind attention and cooperation.

Best regards

#### Building Management

## E-residence Application



#### SOLUSI HUNIAN PINTAR (SHP)



PACKAGE ROOM

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#### "Fresh Fruit Market"

We hereby announce that there will be a pre-order system

ここでは、予約注文システムがあることをお知らせします

for any kind of high quality fruit varieties

品種の種類の高品質の果

(Orange, Sunkist, Lemon, Apple, Pear, Mango, Avocado, etc)

(オレンジ・サンキスト・レモン、梨、りんご、マンゴー、アボカド など)

Which will be delivered on every
Monday/Wednesday/Saturday from 11am-5pm

(それは11時ごろから5時午後まで毎週月曜日/水曜日/土曜日に 配信されます)

Open order the latest one day before delivery

At 4pm

予約は配達の前日の午後4時まで営業しています

Order Number: WA/Mobile: 0816-1882-934 & 0815-6530-008

注文番号: WA/電話: 0816-1882-934 & 0815-6530-008

#### "Rezeki Privilege Membership Program"

We are excited to announce that all of the Pakubuwono Apartments under The Pakubuwono Property Development (**The Pakubuwono Residence**, **The Pakubuwono View**, **The Pakubuwono House**, **The Pakubuwono Spring**) in a collaboration with REZEKI Fresh Market are launching "PRIVILEGE MEMBERSHIP" for all residents of The Pakubuwono.

This program provides extra discounts special for Resident of The Pakubuwono who shop at all Rezeki Fresh Market outlets.

Please register yourself by filling in the Privilege Membership registreation that will be available at our Tenant Relation Officer.

Thank you for always supporting us, should you have any questions please do not hesitate to contact our Tenant Relation Officer at Ground Floor Lobby.

Sincerely,

**Building Management** 

	View PAKUBUWONO THE PAKUBUWONO HOUSE
	THE PAKUBUWONO SPRING  THE PAKUBUWONO  Residence
Nama//	
	/KITAS/KITAP/ID NO* :
	canify bate of airth   canify bate of airth
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	Residence
Fourer i	Apartment Unit No.
	Apartment Unit No. :bile Phone*
	Email/Email Address*
3. 4. 5. 6. 7. Syarat :	(This privilege membership is valid only for the Residents of The Pakubuwono Group)  Satu unit hanya untuk satu kartu keanggotaan. (Each unit entitled of 1 (one) membership card).  Keanggotaan ini dapat digunakan di semua toko Rezeki Fresh Market (The membership can be used in all the Rezeki Fresh Market outlet)  Keuntungandiscount member (Privilege for discount membership):  10% Sayuran (Vegetables), 5% Buah-Buahan (Fruits), 5% Daging & Hidangan Laut (Meat & Seafood)  Keanggotaan berlaku untuk 2021 – 2023. (The membership is valid for 2021 – 2023)  Formulir yang telah diisi dapat diserahkan kepada Bagian Kepenghunian di The Pakubuwono property (Please submit registration form to your Tenant Relations Officer at your The Pakubuwono Property)  Keuntungan member ini tidak dapat dialihkan. (This privilege membership is non transferable)  & ketentuan priviledge member balk berupa diskon, atau promo lainnya dapat berubah sewaktu-waktu tebijakan Rezeki Fresh market.  Ins & Conditions of the privilege, either if the form of discounts or other promotions, can change at anytime ing to the policies of Rezeki Fresh Market).
diberik membe (By sign	menandatangani formulir pendaftaran privilege membership, saya mengakui bahwa seluruh data yang an dalam formulir ini adalah benar dan tepat yang dapat digunakan oleh Rezeki Fresh Market untuk trikan pelayanan dan informasi terkini sehubungan dengan Rezeki Fresh Market.  Sing the Privilege registration form, I ocknowledge that all data provided in this form is true and correct an be used by Rezeki Fresh Market to provide up-to-date services and information in connection with Rezeki larket)  Jakarta,20

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### Tips & Trick

## "Tips for Ramadhan Fasting"

Ramadhan month is coming! All Muslims around the world is celebrating by fasting for a month. Fasting during the month of Ramadhan is as much a mental exercise as it is a physical one. Although we may differ in how we prepare our minds and bodies, here are some tips that can help Muslims adjust to the daily fast.

#### 1. Stay hydrated

Try drinking fluid several times throughout the night, even if you are not feeling too thristy-thirst is a signal that your body is already dehydrated. Choose fluids that don't contain caffeine, because caffeinated drinks can be dehydrating. Remember, breaking your fast at ifter (the evening meal after sunset) with water not only is traditional, it ensures that you get the best source of hydration into your body before becoming distracted with food.

#### 2. Variety is the spice of life

Eat a variety of foods during the evening. Now, more than ever, your body needs good nourishment to compensate for the stress of fasting. Whole grains, vegetables, fruits, lean protein, healthy fat (fat from plants, like olive oil and nuts). All of these are important to give your body all the nutrients it needs.

#### 3. Portion size is important

It takes about 20 minutes to register that it's had enough to eat. So don't go overboard with eating during iftar. Eating mindfully and listening for when your hunger is actually satisfied puts less stress on your body and gives you more energy than eating huge amounts at one time.

#### 4. Keep moving

Though fasting can be physically exhausting, try not to be completely sedentary. If you typically work out during the morning, see how your body feels if you switch exercise to the evening after breaking your fast. Strenuous exercise is not a good idea during the day because you can quickly become dehydrated. Think small-short easy walks (to classes or doing errands) or a few stretches can go a long way in keeping your energy up during the day.

#### 5. A few secrets to a successful sehri (pre-sunrise meal)

Together, the components of a balanced meal help your blood sugar remain most stable, which gives you good energy. Some of the elements to include in your sehri:

- Whole grains-sources include whole grain cereal, whole grain bread, brown rice, and oatmeal
- Fresh frutis and vegetables-check out the produce section for dozens of ideas.
- Protein-sources include milk, yogurt, eggs, nuts.
- Healthy fat-sources are nuts and olives.
- Try these easy combinations in addition to drinking water during sehri:
- Oatmeal made with low-fat milk and topped with fruits and nuts.
- A bowl of whole-grain cereal and low-fat milk, topped with fruits and nuts.
- A piece of whole-grain toast, boiled egg, and a piece of fruit.
- A peanut butter sandwich on whole grain bread and a glass of low-fat milk.

#### 6. Find what works for you

Depending on your sleeping schedule, you may want to experiment with how often and when you eat to keep your energy up.

#### 7. Trust how your body feels

Every person is individual and may feel best with different ways of eating. If you're having trouble with fasting and these tips don't work for you, talk with a dietitian or other healthcare provider to get more specific advice based on your situation.

#### 8. Celebrate!

Last but not least we need to celebrate this moment. This is the most joyous month of the year. Enjoy meals with othersm execise goodwill, and be patient with your body and with others.



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## Activities at Pakubuwono House

#### Free Zumba Class

# There is no Zumba Class until further notice

## New Normal Transition

## THE PAKUBUWONO HOUSE

Dear All Residents

Starting on October 22, 2020, live-out maid and tenant's visitor will be given a green light to re-enter Pakubuwono House complex, also two drivers are allowed to be back in operation per Unit. However, the following restrictions must be adhered:

- During work, all live-out maid can only be inside the unit. They are not allowed to be in all public areas except the route to the unit through the service lift. Please fill the statement letter at TRO
- For tenant's visitor, they can only go to the respective tenant's unit. Other facilities and public areas are still prohibited.

Threats of fines and entry prohibition will be imposed for those who violate the above restrictions.

We would like to also remind our tenants, especially those who just recently moved to The Pakubuwono House that the following provisions still in effect at the moment until further notice:

- 1. Indoor Children Playground is open for reservation only.
- Limitation on a number of users allowed in each of the facilities at one time is still enforced, as well as a reservation is still needed prior to using the facilities.
- 3. Chef room and function room remain closed.
- 4. Personal trainers are still not allowed to enter.

We thank you all residents who have been very cooperative in dealing with the applicable provisions we set. We ask your continuation support and participation in preventing the spread of Covid-19 in The Pakubuwono House by always wearing masks, maintaining social distancing, and washing hands frequently. Rest assured we will always apply self-disinfecting coating on all frequent touched surface consistently such as lift buttons and door handles. Spraying of disinfectants is also carried out throughout the complex every single day.

If you have any questions, please contact out Tenant Relation Officer. Thank you for your understanding and cooperation. Stay Safe & Stay Healthy!

Best regards

BUILDING MANAGEMENT

### Did you know?

## "Easter Bunny And Eggs"

The **Easter Bunny** (also called the **Easter Rabbit** or **Easter Hare**) is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide. The Easter Bunny sometimes depicted with clothes. In legend, the creature carries colored eggs in his basket, candy, and sometimes also toys to the homes of children, and as such shows similarities to Santa Claus or Christkind, as they both bring gifts to children on the night before their respective holidays.

Eggs have been used as fertility symbols since antiquity. Eggs became a symbol in Christianity associated with rebirth as early as the 1st century AD, via the iconography of the Phoenix egg, and they became associated with Easter specifically in medieval Europe, when eating them was prohibited during the fast of Lent. A common practice in England at that time was for children to go door-to-door begging for eggs on the Saturday before Lent began. People handed out eggs as special treats for children prior to their fast.

As a special dish, eggs would probably have been decorated as part of the Easter celebrations. Later, German Protestants retained the custom of eating colored eggs for Easter, though they did not continue the tradition of fasting. Eggs boiled with some flowers change their color, bringing the spring into the homes, and some over time added the custom of decorating the eggs.

The idea of an egg-giving hare went to the US in the 18<sup>th</sup> century. Protestant German immigrants in the Pennsylvania Dutch area told their children about the "Osterhase". Hase means "hare", not rabbit, and in Northwest European folklore the "Easter Bunny" indeed is a hare. According to the legend, only good children received gifts of colored eggs in the nests that they made in their caps and bonnets before Easter



Easter Bunny and Eggs